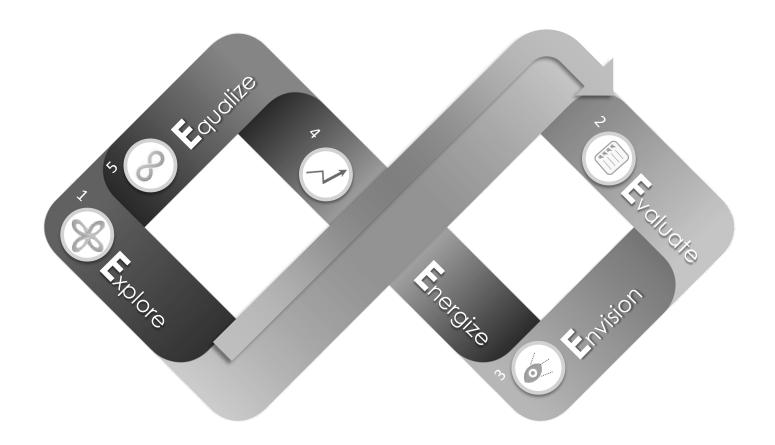
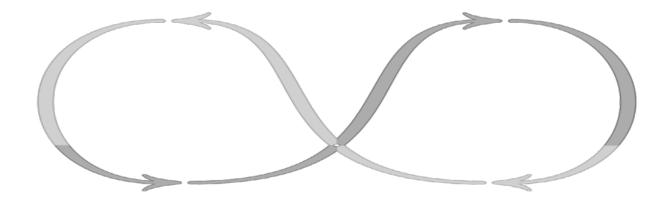
# Macro Steps for Harnessing the Energy of Your Key Paradoxes



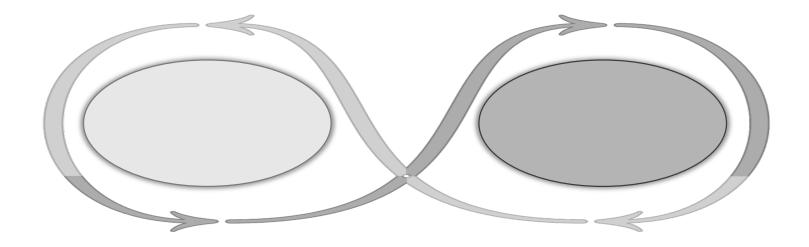
See Also: Chapter 1: page 28; and Appendix: page 239

# Appreciating the Infinity Loop Energy System



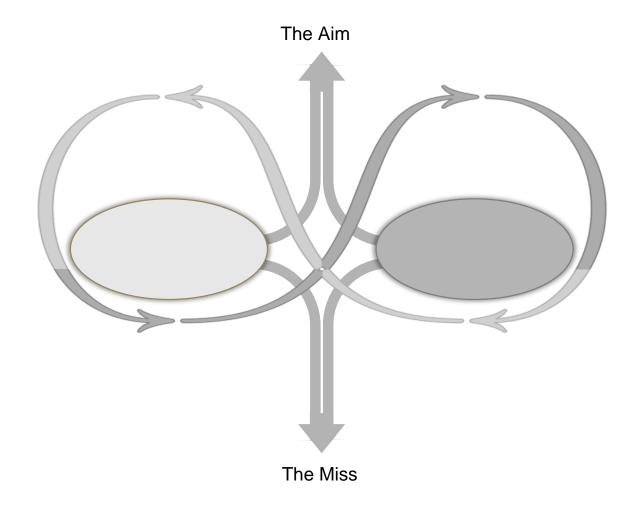
See Also: Chapter 5: page 125; and Appendix: page 239

# **Identifying One of Your Key Paradoxes**



See Also: Chapter 5: page 126; and Appendix: page 240

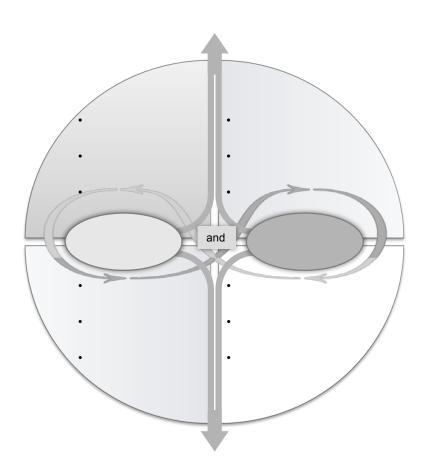
# **Envisioning The Aim & The Miss**



See Also: Chapter 5: page 128; and Appendix: page 240

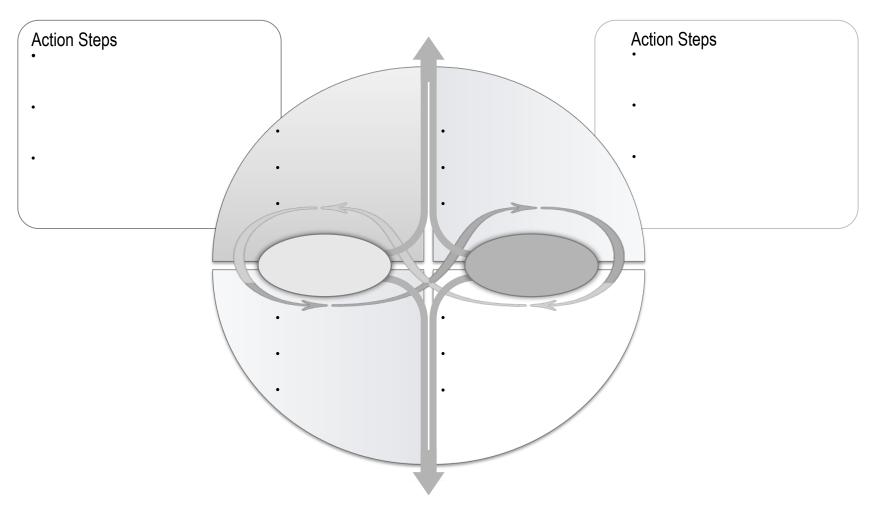
# **Envisioning Positive and Negative Outcomes**

As a Result of Focus ... And Over-Focus



See Also: Chapter 5: page 129; and Appendix: page 240

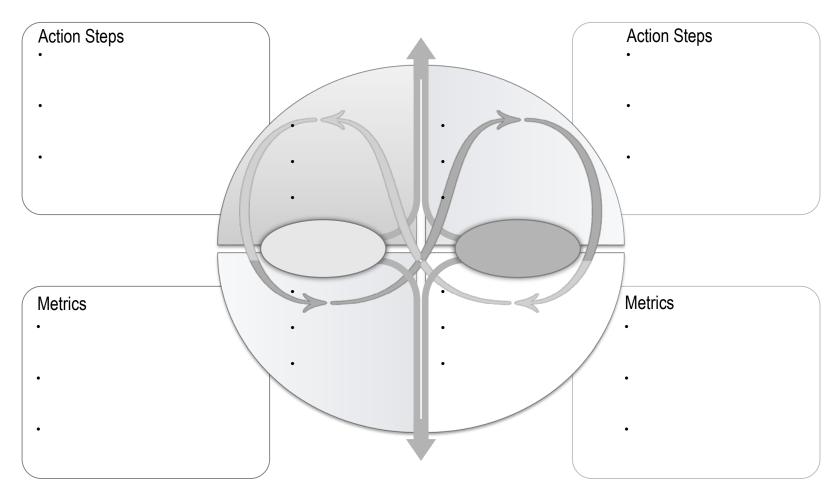
# **Energizing the Solution with Action Steps**



See Also: Chapter 6: page 142; and Appendix: page 241

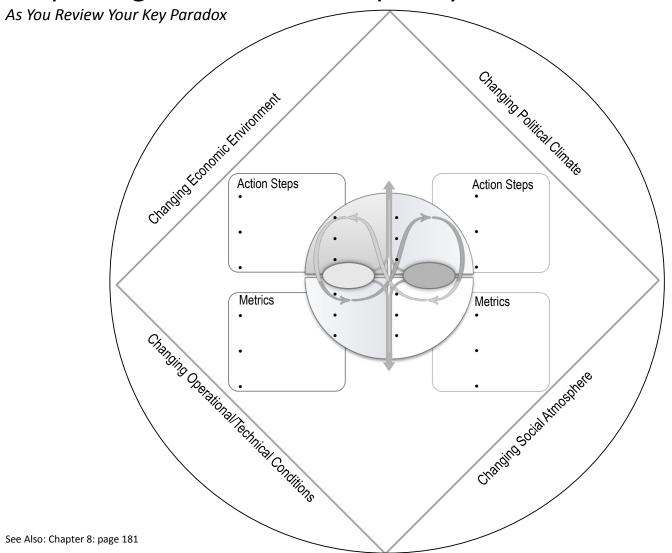
# **Equalizing the Execution with Metrics**

Indicating Risk as you Gauge Progress



See Also: Chapter 7: page 174; and Appendix: page 241

### **Respecting Context and Complexity**



# Going Operational with Your Action Plan

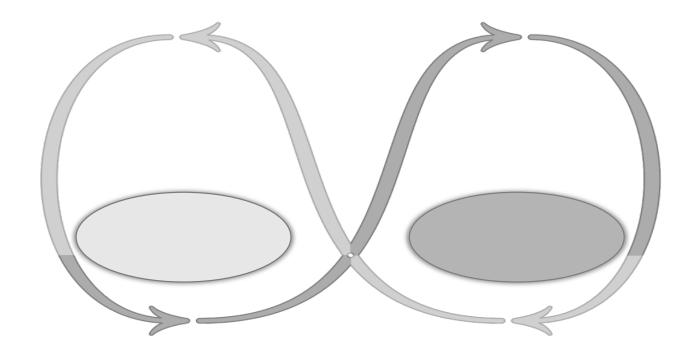
| ACTION PLAN                             |   |             |                |        |
|---|---|-------------|----------------|--------|
| THE AIM:                                |   |             |                |        |
| Today's date:                           |   |             |                |        |
| Action Steps<br>(What needs to be done) | Resources needed<br>(money/time/people) | Measurement | Target<br>date | Status |
|   |   |             |                |        |
|   |   |             |                |        |
|   |   |             |                |        |
|   |   |             |                |        |
|   |   |             |                |        |
|   |   |             |                |        |
|   |   |             |                |        |
| Risks:                                  |   |             |                |        |

See Also: Chapter 7: page 176

### Successfully Managing Your Paradox

#### **INFINITY LOOP**

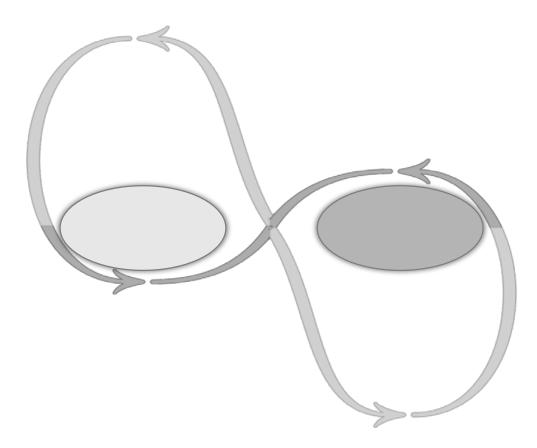
Giving appropriate attention to the interdependent pair of conflicting needs or ideas – both LEFT and RIGHT sides



See Also: Chapter 7: page 127

#### **INFINITY LOOP**

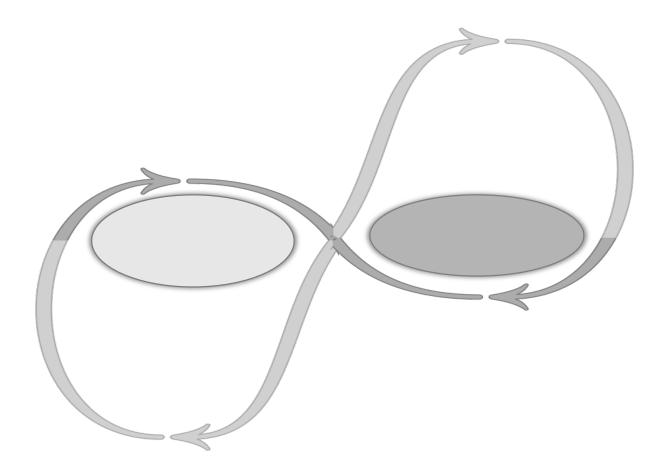
When you over-focus on the RIGHT side of your paradox at the neglect of the LEFT side you get the downside of the RIGHT side. You are then drawn to a strong focus on the upside of the LEFT side ... and the vicious cycle begins again.



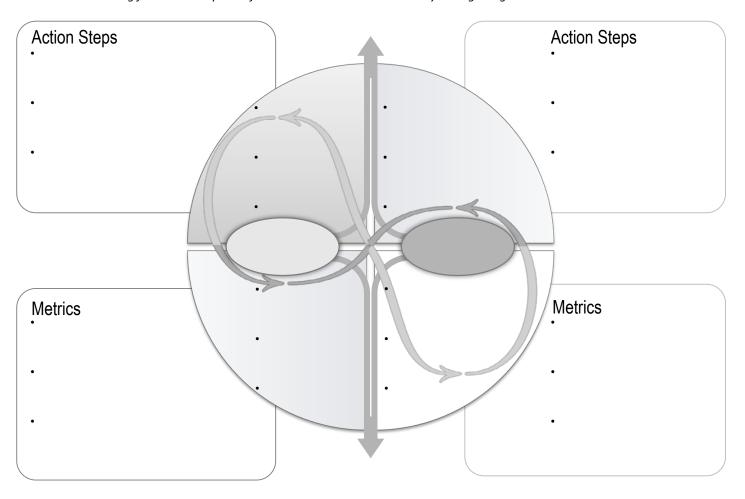
See Also: Chapter 7: page 127

#### **INFINITY LOOP**

When you over-focus on the LEFT side of your paradox at the neglect of the RIGHT side you get the downside of the LEFT side. You are then drawn to a strong focus on the upside of the RIGHT side ... and the vicious cycle begins again.

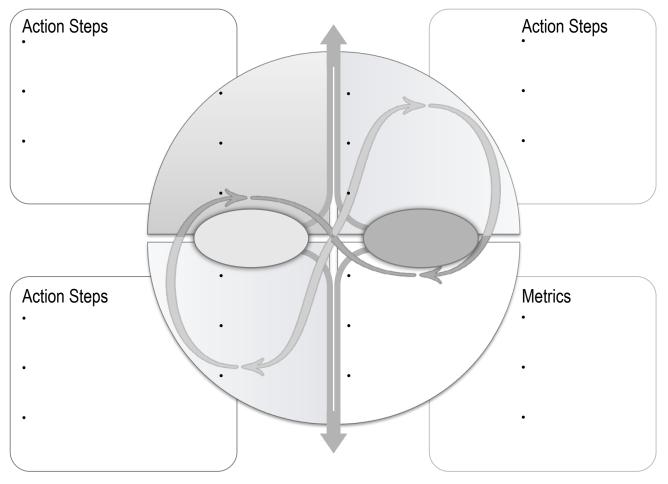


When you over-focus on the RIGHT side of your paradox at the neglect of the LEFT side you get the downside of the RIGHT side. You are then drawn to a strong focus on the upside of the LEFT side ... and the vicious cycle begins again.



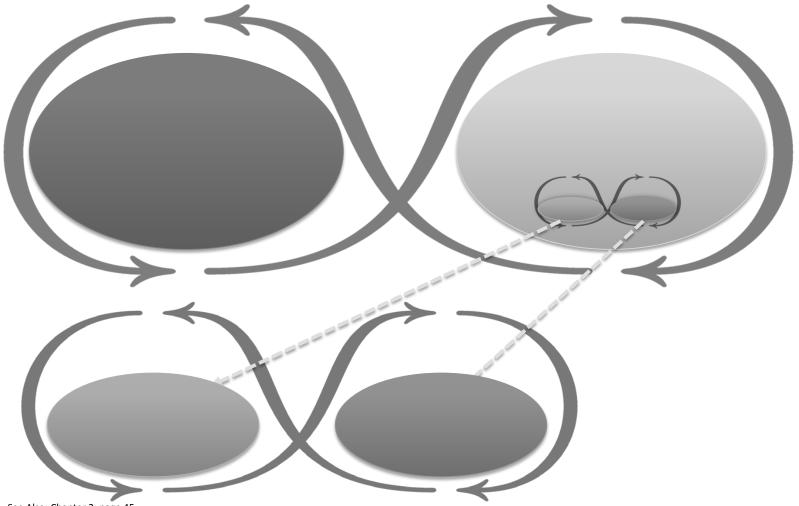
#### **FULL MODEL**

When you over-focus on the LEFT side of your paradox at the neglect of the RIGHT side you get the downside of the LEFT side. You are then drawn to a strong focus on the upside of the RIGHT side ... and the vicious cycle begins again.



### **Identifying Nested Paradoxes**

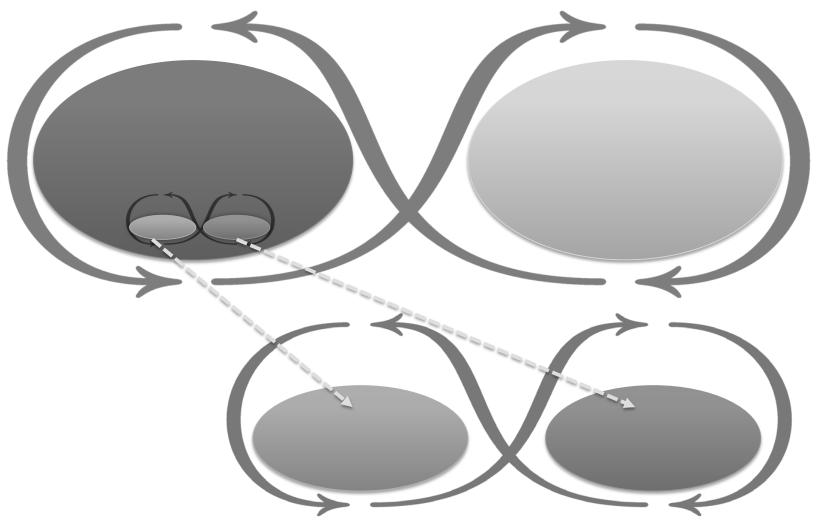
A pair of interdependent opposites contains another pair nested within it - RIGHT SIDE



See Also: Chapter 2: page 45

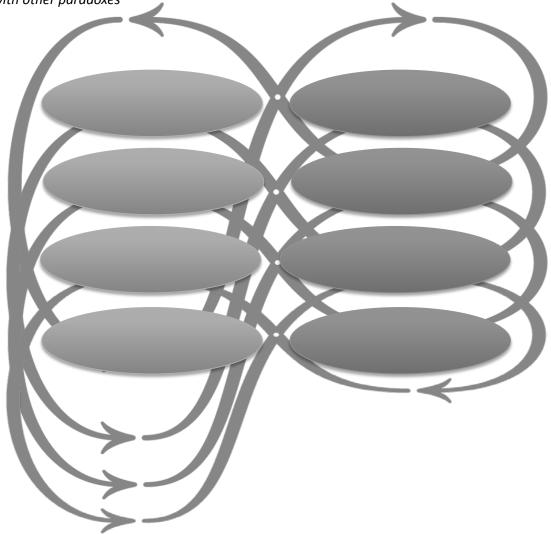
# **Identifying Nested Paradoxes**

A pair of interdependent opposites contains another pair nested within it – LEFT SIDE



# **Identifying Stacked Paradoxes**

Vertical downward relationship with other paradoxes



See Also: Chapter 2: page 47